Living Ubuntu & The Southern California Institute For Bioenergetic Analysis (SCIBA)

present

Facing Disappointment

Heartbreak in your life, your community, your world

In these challenging times, many of us experience loss, grief and heartbreak. Individual, community, or global stressors can all be very distressing. The pain in our heart, bottomless feeling in our stomach, the collapse in *our bodies* can be difficult to let go of. What does it mean when it keeps hurting**?** Why do some people move on more easily than others**?** How can we deal better with painful losses, in order to carry on**?**

In this workshop we will explore the nature of heartbreak and help participants recover from this pain.

Vincentia Schroeter, PhD is a licensed psychotherapist in private practice for over 30 years working with individuals and families around various issues including grief, trauma, adoption, infertility, marriage counseling and addiction. She is a senior faculty member at the International Institute for Bioenergetic Analysis and is on the Board of Directors and a coordinating trainer for SCIBA.

"I believe that even when lost in struggle or pain, people are still motivated to grow."

Saturday, April 24th 2010

9am – 12pm

Orange County, California

Cost: $40*

If there is any financial hardship to pay, please contact us.

This is a not-for-profit event. This workshop series is a service to the community and no one will be turned away for lack of funds.

For more comprehensive information, please visit livingubuntu.org/events

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MAIL-IN REGISTRATION FORM

(One Form per Attendee—Please Print Legibly)

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Organization: _____ Email: _____

☐ **Early discounted registration, $40*** (till Friday, April 16th)
☐ **Registration, $50** (during the last week)

☐ **3 CEUs for LMFT or LCSW, $10** (SCIBA provider #4025)

Payment Method:

☐ **Check** enclosed payable to: **Living Ubuntu** **(***To pay by credit card, please register online)*

Signature: _____ Total Due: $ _____

For up-to-date information (and to register online), visit livingubuntu.org/events or call (949) 891-2005.

*Seating for this event is limited, please register early. Add $10 for registration after Friday, April 16th. Subject to availability. Fees are refundable less $10 processing fee, if written request received by April 10, 2010.

Mail registration to: Living Ubuntu, 1151 Dove Street #210, Newport Beach, CA 92660

Please ensure that mail-in registrations are postmarked by April 10, 2010. After this date, please register online.